



# news

QUALITY COFFEE WITH A CONSCIENCE

AUGUST 2003

## 'EVENING ALL

### COFFEE FACTS

Numbers 11 - 20

11. Instant coffee accounts for only 13% of all coffee drunk.
12. Coffee is the most popular drink worldwide with over 400 billion cups consumed each year.
13. Our sense of smell, more than any of our other senses, makes our final judgement on coffee.
14. Coffee is grown in more than 50 countries and is the second largest export in the world after oil.
15. After brewing, espresso coffee contains 2.5% fat and filter coffee contains 0.6% fat.
16. Regular coffee drinkers have about 1/3 less asthma symptoms than those of non-coffee drinkers according to a Harvard researcher who studied 20,000 people.
17. Coffee sacks are usually made out of hemp and weigh approx 132 pounds when full of green coffee beans. It takes over 600,000 beans to fill a coffee sack.
18. All coffee is grown within 1000 miles of the equator, from the Tropic of Cancer in the North to the Tropic of Capricorn in the South.
19. The coffee tree produces its first full crop when it is about 5 years old, thereafter it produces consistently for 15 - 20 years.
20. Coffee berries do not ripen uniformly. The same branch may display ripe red berries, unripe green berries and overripe black berries. Conscientious growers select only the ripe berries.

The quality of staff at Coffee Revolution has been commented on on many occasions and it's hardly surprising when they keep leaving to become doctors, brain surgeons, pilots.... Now to add to the list we have Graeme Macheter, from Coffee Revolution Ecclesall Rd, who is about to embark on a new and exciting career with the Greater Manchester Police Force.

During the two years that Graeme has worked at Coffee Revolution he has climbed the ranks from part time assistant to the full time Assistant Mangers post - this year he was even showing off his barista skills at UK final of the World Barista Championships in Birmingham.

We'd like to wish him every success in his new career and hope he has as much fun pounding the beat as he has grinding our beans.



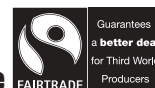
*Graeme at the World Barista Championships*

## NUSSL TRADE SHOW



Mike Clarkson from the Ecclesall Road outlet putting the finishing touches to Coffee Revolution's stand at Nussl 2003 - An exhibition recently held at the Telford International centre. Coffee Revolution was exhibiting it's brand and products to the higher education sector.

Fairtrade Coffee Served Here



# COFFEE RECIPE OF THE MONTH

## Caribbean Crush Smoothie

280 ml Orange Juice

1/2 of a fresh Mango

Large slice of fresh  
Pineapple

Ice

Fill a large glass with ice.

Add orange juice and fill  
to the top.

Pour ice and orange juice  
into a blender.

Add 1/2 of a chopped  
mango.

Add slice of pineapple  
chopped.

Blend all ingredients  
together until smooth.

Pour into a large glass.

Add straws and serve.

# REVOLUTION ROCK STAR?



Photo by Gareth Jones

It would appear that Coffee Revolution employ the most talented individuals known to Sheffield. Mark Hudson who works at the Sheffield Union branch is only in the FAT TRUCKERS!

Yes that's right, the same Fat Truckers who supported Pulp on their last tour and who were part of Jarvis Cocker and Steve Mackey's Desperate Sound System - yes those Fat Truckers.

Not that they need Pulp these days (in fact they probably didn't need them then). They are without

doubt one of Sheffield's finest exports for a decade - a full frontal electro punk assault squad.

So far singles 'Teenage Daughter', 'Superbike' and 'Anorexic Robot' have received rave reviews. Their eponymous debut album is out now and needless to say big things are definitely in store for them. If you get a chance to see them live then get yourself down there - they're not to be missed.

Check out [www.fattruckers.co.uk](http://www.fattruckers.co.uk) for more information.

## NEW PRODUCTS

Why not sample our wide selection of gourmet beans:

- Pure Colombian
- Costa Rica
- Mocha/Java
- Guatemalan
- Decaffeinated Bolivian
- Papua New Guinea

in our new one and two person  
cafeterias at only £1.70 (one person)  
/ £2.95 (two person) - you just won't  
be able to resist!

## COFFEE REVOLUTION FILMING

Coffee Revolution at Sheffield University was taken over for a day by cameras & crew last month.

Sheffield University are producing a DVD on why there's no better choice than Sheffield! Coffee Revolution are one of the stars of the show as one of the secret jewels of Sheffield.

## OFF THE SHELF Festival of Writing and Reading 18 October - 1 November 2003

Reading / Writing / Poetry / Storytelling

Now in its 12th year, Sheffield's annual celebration of all things literary is a feast for writers and readers. Attracting an impressive array of top writers to the city, the varied fortnight of events and activities also features local writers and groups and includes a strong programme of workshops on a variety of themes for those who love to write. Whether your taste is poetry, new fiction, the classics or historical writing there is something for everyone.

The programme will include events with: -

Kate Adie, Jake Arnott, Christopher Brookmyre, Steve Bell, Tracy Chevalier, John Cooper Clarke, Jim Crace, Jim Curran, Terry Jones, Peter Kerr, Mil Millington, Barry Norman, Levi Tafari, Timothy West and many others.

**Plus a special night of crime for Coffee Revolution on  
Wednesday 29 October at 8.30 pm.**

Here Come The Lady Killers

Four up and coming British crime writers Lesley Horton, Priscilla Masters, Danuta Reah and Zoe Sharp talk you through the twists and turns of their man murderous plots...

Tickets £3.50/£2.50 (cons) from Sheffield Theatres (0114 249 6000) or The University of Sheffield Union of Students (0114 222 8500).

Festival Information - Telephone (0114) 273 4400 / 0114 273 4716  
E-mail - [off-the-shelf@pop3.poptel.org.uk](mailto:off-the-shelf@pop3.poptel.org.uk)  
[www.offtheshelf.org.uk](http://www.offtheshelf.org.uk)

## YOUR STORIES

If you have any news, information or general chit chat you'd like to share with Coffee Revolution customers then please drop us a line at: Coffee Revolution, Union Leisure Ltd, Western Bank, Sheffield S10 2TG.

Tel: 0114 222 8792. E: [newsletter@unionleisure.com](mailto:newsletter@unionleisure.com)